

YOUR INITIAL CONTACT LIST

Use the following spaces to write down names to add to your initial contact list. Then look up their phone numbers and keep them handy to help you make appointments for future presentations.

Name	Phone	Notes	Date Contacted	Date to Follow Up
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CONTACT SUGGESTION LIST AND CATEGORIES

There are more people in your circle of influence than you might think.
Use the following list to jog your memory for more possible contacts.

Family, Friends & Neighbors

1. Parents, siblings, etc.
2. Friends
3. Cousins, uncles, aunts
4. Neighbors
5. Acquaintances
6. Car pool
7. Child's friends' parents
8. Friend's parents
9. Spouse's best friend
10. Babysitter
11. In-laws
12. High school friends
13. College roommates

School/Extracurricular

Activities

14. Teachers
15. Principal
16. Guidance counselors
17. Karate instructors
18. Coaches
19. Music teachers
20. Scoutmasters
21. Dance teachers
22. Librarians
23. Tutors

Church & Volunteer

24. Minister
25. Sunday school teacher
26. Youth director
27. Church members
28. Church choir members
29. Congregants

Workers

30. Truck drivers
 31. Cab drivers
 32. Bus drivers
 33. Bakers
 34. Car salespeople
 35. Hostesses/hosts
 36. Servers
 37. Chefs
 38. Cashiers
 39. Dishwashers
 40. Office supply salespeople
 41. Department store salespeople
 42. Appliance repairmen
 43. Shoe salespeople
 44. Flight attendants
 45. Travel agents
 46. Locksmiths
 47. Painters
 48. Roofers
 49. Insulators
 50. Landscapers
 51. Wallpaper installers
 52. Inspectors
 53. Carpet layers
 54. Electricians
 55. Contractors
 56. Carpenters
 57. Upholsterers
 58. Cabinet makers
 59. Plumbers
- ### Professional
60. Work colleagues
 61. Administrative assistants
 62. Union members
 63. Engineers
 64. Realtors
 65. Lawyers
 66. Professors
 67. Architects
 68. Veterinarians
 69. Writers
 70. Publishers
 71. Social workers
 72. Printers
 73. Surveyors
 74. Bank tellers
 75. Accountants

Sports/Clubs

76. Kiwanis club
77. Lions club
78. Rotarians
79. Bowling team
80. Hunting partners
81. Tennis partners
82. Ski lift riders
83. Golf pros
84. Bridge club members
85. Swim teammates
86. Jogging partners
87. Scrapbooking friends
88. Cycling group members
89. Weightlifting partners
90. Fitness instructors

Services

91. Caterers
92. Couriers
93. Barbers
94. Hairstylist
95. Postal workers
96. Repairmen
97. Cable TV installers
98. Auto mechanics
99. Autobody repairmen
100. Photographers
101. Satellite TV installers
102. Salespeople
103. Parking attendants
104. Gas station attendants
105. Dry cleaners
106. Flower shop employees

Medical/Health

107. Nurse
108. Dentist
109. Doctor
110. Chiropractor
111. Pharmacist
112. Therapist
113. Health Spa
114. Optician
115. Ambulance driver
116. Orthodontist

Shopping/Stores

117. Grocery
118. Convenience
119. Department
120. Hardware
121. Auto supply
122. Electronics
123. Tires
124. Office supplies
125. Movie rental
126. Health food shop owner or employees
127. Discount store workers

Community

128. Police officers
129. Highway patrol
130. Chamber of commerce
131. Firefighter
132. Volunteer
133. Military recruiter
134. Alumni association workers

